RUNNING FACTORY
Your Running Walking Lifestyle Store

BELLE RIVER TRIATHLON & DUATHLON OFFICIAL ENTRY FORM

Name: _____

Male ❑ Female ❑

Address: _____

City: _____ Prov/State: _____

Postal Code: _____ Phone #: _____

Email: _____

TRIATHLON, DUATHLON & TRY-A-TRI & DO-A-DU

Age _____ on December 31, 2010

Triathlon	❑ 500m Swim-30K Bike-5K Run
Duathlon	❑ 5K Run-30K Bike-5K Run
Try-a-Tri	❑ 250m Swim-15K Bike-2.5K Run
Do-a-Du	❑ 2.5K Run-15K Bike-2.5K Run

05/27 ❑ $50 05/28-05/30 ❑ $60

(check one event only)

TRIATHLON RELAY

Triathlon	❑ Male	❑ Female	❑ Mixed
Duathlon	❑ Male	❑ Female	❑ Mixed

Team Name _____

Individual Team Members

_____

_____

_____

05/27 ❑ $90 05/28-05/30 ❑ $100

T-Shirt Size: (check one only) ❑ S ❑ M ❑ L ❑ XL (adult)

NO REFUND OF REGISTRATION FEE
WAIVER MUST BE SIGNED ON RACE DAY
MAKE CHEQUES PAYABLE TO: FITNESS FOR HOSPICE
FOR FURTHER INFORMATION CONTACT: JOHN MCKIBBON
(519) 735-8994 jmckibbo@hotmail.com
www.windsortriathlon.com

2010 OFFICIAL SPONSORS

new balance
SUBWAY
HAMMER NUTRITION LTD ENDURANCE FUELS
Ambassador BICYCLES
TIMEX
WINDSOR CHAPEL FUNERAL HOME LIMITED
Kellogg's
ALLEGRA PRINT & IMAGING DOWNTOWN
RADOVICH CHIROPRACTIC Performance & Wellness Centre
Bell

ACCOMODATIONS:

Holiday Inn Select 1-800-465-4329
Identify yourself as "Fitness For Hospice" to receive group rates Single/Double $109.00.

DIRECTIONS:

30 minutes East of Windsor from Ambassador Bridge
Take either EC Row (HWY #2) or 401 to Belle River exit

COMING FROM THE EAST:
Take 401 West to Belle River exit

BELLE RIVER
LighthouseINN
TRIATHLON · DUATHLON

SUNDAY MAY 30TH

Belle River Lakeview Park

9:30 AM

new! TRIATHLON, TRY-A-TRI & DO-A-DU

Fitness FOR HOSPICE.com

ALL PROCEEDS GO TO THE HOSPICE OF WINDSOR & ESSEX COUNTY INC.

www.windsortriathlon.com

BELLE RIVER TRIATHLON & DUATHLON 2010

PLEDGE SHEET

the hospice

RUNNING FACTORY
Your Running Walking Lifestyle Store

The Travel Zone Inc

TIMEX

Name of Participant: _____

Address: _____

_____

Email: _____

ONLINE PLEDGES - www.onlineregistrations.ca

SPONSOR'S NAME	ADDRESS	POSTAL CODE	PLEDGED	PAID

FREE ENTRY FREE ENTRY FREE ENTRY

Make cheques payable to: **Fitness for Hospice**

Total this page: _____

This page may be photocopied

TRY-A-TRI & DO-A-DO DIVISIONS

AGE GROUP 14 - 19, 20 - 24, 25 - 29, 30 - 34, 35 - 39, 40 - 49, 50+

(Awards will be given based on number of participants in each category.)
Note: Age as of December 31, 2010

TRIATHLON & DUATHLON DIVISIONS

AGE GROUP 16 - 19, 20 - 24, 25 - 29, 30 - 34, 35 - 39, 40 - 44, 45 - 49, 50 - 54, 55 - 59, 60 - 69, 70 +

Relay Male, Female, Mixed

(Awards will be given based on number of participants in each category.)

ALLEGRA PRINT & IMAGING DOWNTOWN Printed by Allegra Print & Imaging.

REGISTRATION INFO

1. MAIL THIS FORM TO:
Belle River Triathlon
12382 Dube
Tecumseh, Ontario N8N 4N9

2. ON-LINE (CLOSES AT NOON ON MAY 27TH)
www.onlineregistrations.ca

3. DROP-OFF ENTRY FORM BY MAY 27TH TO:
The Running Factory – 5480 Wyandotte St. E.

REGISTRATION DEADLINES

Note: If sending by mail from the USA - please allow at least 3 weeks for arrival.

PRIOR TO MAY 27/10 - EARLY REGISTRATION
- Early registration is encouraged. Must be delivered or on-line by May 27/10.

MAY 30TH - LATE REGISTRATION
- Only at Belle River Lakeview Park
- Arrive early - limited parking - registration 8-9 a.m.

PLEDGE INCENTIVES

INDIVIDUALS

$100	Free Entry
$200	Free Entry and $25 Gift Certificate from The Running Factory
$300	Free Entry, $50 Gift Certificate from The Running Factory, Timex Watch or MP3 Player
$500	Free Entry, $75 Gift Certificate from The Running Factory, iPod Nano 8GB
$800	Free Entry, $100 Gift Certificate from The Running Factory and iPod Nano 8GB
$1000	Free Entry, $100 Gift Certificate from The Running Factory and your choice of Nintendo Wii, Playstation or XBox
$1500	Free Entry and $600 Travel Voucher from Travel Zone

RELAY

$250	Free Entry
$500	Free Entry, and a Timex Watch or $50 Gift Certificate from the Running Factory

NEW THIS YEAR ONLINE PLEDGES

PLEDGE INFORMATION

- Pledge sheets and collected monies must be handed in on the day of registration for the event.